

“My Health Matters”- A guide to managing your treatment And a record of your care

Project update December 2011

Following a lot of consultation with a variety of patients, the original patient diary has now become the “My Health Matters” kit. It is now ready to be launched as a small pilot based in Auckland Hospital. The pilot will be launched at the beginning of February with all new cancer patients passing through Auckland Hospital being offered the use of a kit. The clinical nurse specialists will be handing the kits out. Before the launch a short training/introduction session will be held to ensure that all the staff understands the aims of the kit and how to support patients with its use.

The evaluation will have two components, a short questionnaire either in hard copy format or available online; qualitative research provided by Otago University Social Behavioural Research Unit. The depth of the research will be dependent on the funding available but it is hoped to look at both patient and staff interaction with the kit and assess the impact on patient care.

The final kit is being presented in a ring binder with a pocket that contains the journal and the diary. Here are some pictures:





We are still hoping that a national sponsorship agreement can be found and we are continuing to work on this. In the meantime the pilot will give us the final piece of feedback that will ensure the end product will be as good as we can get it at this stage.

Further evaluation will of course be part of the on-going monitoring once the kit is released nationally.

I would like to take this opportunity to thank the entire working group for their time and input over the last 18 months. I believe that the kit we have now will be an invaluable resource for all those patients who choose to use it. It would not have been possible to get it as good as it is without the group's contributions. Many thanks.

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