

Oranga Tane Māori

The Māori Health Strategy, He Korowai Oranga, sets the direction for the health and disability sector in relation to Māori



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The overall aim of He Korowai Oranga is Whānau Ora: Māori families supported to achieve their maximum health and wellbeing within both Te Ao Māori and New Zealand society

- Broad approach
- Shifts analysis and thinking beyond a single Māori perspective



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The attainment of Whānau ora is underpinned by a strategic framework, which key features are:

- The need to ensure Māori involvement in decision making
- The need to work directly with whānau, hapū, iwi and Māori communities
- The importance of all services to be effective for Maori
- The importance of all sectors addressing Māori health outcomes



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Whānau ora is as much about the “journey” as also the end “destination”

The “journey” is the vantage point of this presentation



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Question:

What happens in that journey if you are:

Māori

Male

**AND have a chronic disease and/or
cancer ?**



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- **Whānau Ora journey is one of Disadvantage**
 - **Less likely**
 - Screened for diabetes
 - Attend “Get Checked”
 - Screened for prostate cancer
 - Visit a GP
 - Referred for specialist care
 - Receive life preserving surgical interventions



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- **More likely to**
 - **Delay presenting to a GP until at the point of a health crisis**
 - **Spend less time with the GP**
 - **Have fewer medical tests ordered**

 - **Experience barriers within the health system**
 - **Die at an age younger comparable to non-Māori with the same disease**



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3 year research project funded by the Health Research Council and the Foundation for Research, Science and Technology

**Waikato Region
Rural / Urban**



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- The project is lead by Te Puna Oranga (Waikato DHB, Māori Health Service)
 - Waikato Clinical School, University of Auckland
 - Iwi Māori Council
 - Kaumātua Kaunihera
 - Māori Health Providers
 - Community groups
 - Māori PHO
 - NHF
 - Midland Cancer Network
-
- Project started in March 2009



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Research Questions:

What are the experiences of:

- Māori men with a chronic disease or cancer,
- their whānau support person[s]
- clinicians, and service providers
in terms of whānau ora
- What are the barriers to, and enablers of,
effective health services for Maori men who
have a chronic disease /cancer



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Rationale:

That achieving or maintaining whānau ora while managing a chronic disease or cancer is dependent on multiple factors

- primary
- secondary
- tertiary care



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and by a number of individuals

- whānau support
- clinicians
- health professionals

and that these multiple interactions justify further analysis in terms of identifying and exploring barriers and enablers of care and service provision for Maori Men.



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- Literature review on whānau ora services
- Stocktake and evaluation of whānau ora service in Waikato
- Qualitative (approx. 100 interviews)
- Kaupapa Māori Research

- **A key driver**
 - **Reducing inequalities faced by Māori, Māori Men**



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Explores the Whānau Ora journey of Māori men from a number of stakeholders including:

- Māori men, 40 years > who have a chronic illness or cancer
- Support person[s]
- Kaumātua/ kuia
- Service providers
- Clinicians
-

Barriers and Enablers to whānau ora



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- **OUTCOMES**

- Identified barriers and enablers to enhance services for Māori men with a
 - Chronic disease
 - Cancer
- Identify and describe successful Whānau Ora interventions in the Waikato DHB region
- Construct a picture of current national and international knowledge relating to healthcare services for Māori men and their whānau
- Detailing whānau ora as a feature of health and health journey
- Addressing health equalities for Māori men



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2 X Hui with Kaumātua & Kuia in the Waikato to seek their views on whānau ora and what this means to them in relation to Māori men's health



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Whānau ora includes:

- Māori models of health
- Aroha, manaakitanga, tino rangatiratanga
- Whakapapa
- Whānau, hapū, iwi
- Personal responsibility
- Responsive [health] services



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Some further comments:

- Being good role models
- Acknowledging mistakes
- Influencing mokopuna / younger generation
- Having regular check ups
- Thinking of themselves for once (in terms of getting regular check ups)
- Giving Māori men the confidence to do something about themselves (their health)
- Addressing barriers to whānau ora



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- Such definitions of whānau ora are not new
- They are however unique, in that these views are both owned (by the person) and have [collective] ownership in describing a particular “journey” of whānau ora



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- **Challenges**
 - **Translational Research**
 - **Legitimising whānau ora in the health system**
 - **Progressing “data” into health services**

